Abstract of the Disclosure

A method of communicating over a network of nodes using a plurality of broadcast channels. Each channel facilitates the transmission and reception of data during cycles of time divided into discrete time frames. Each frame is divided into a plurality of slots. Each node in the network is configured to broadcast, to other nodes within one hop of said node, on a common bootstrap channel during a first bootstrap slot, slot assignment information relating to any of the broadcast channels. Each node is assigned to communicate over a broadcast channel that is one of the plurality of broadcast channels. Each node broadcasts, on its assigned channel during a second bootstrap slot, slot assignment information relating to the assigned broadcast channel to other nodes within one hop of said node and on said assigned channel. Each node communicates according to the slot assignment information.